



For additional information, please visit:

www.state.nj.us/transportation www.njsaferoads.com www.njmvc.gov www.aaa.com

or email:

nj.safety@fhwa.dot.gov

The 12 Months of Traffic Safety

The 12 Months of Traffic Safety is a campaign to increase public awareness of traffic safety issues. A different traffic safety issue will be highlighted each month of 2005, as outlined below.

January

Aggressive Driving

February

Drive Safely in Inclement Weather

March Pedestrian & Bicycle Safety

> April Work Zone Safety

May Seat Belt & Child Passenger Safety

> June Motorcycle Safety

July Listen to the Signs / Driver Inattention

August
You Drink... You Drive... You Lose!

September Intersection Safety / Older Driver Safety

October

School Bus Safety

November Truck Safety

Huck Galety

December Rail Safety

Sponsored by:

United States Department of Transportation New Jersey Department of Transportation New Jersey Division of Highway Traffic Safety New Jersey Motor Vehicle Commission Insurance Council of New Jersey AAA Clubs of New Jersey



REDUCE YOUR STRESS WHEN YOU DRIVE!!!

BE A COURTEOUS DRIVER!!!

AGGRESSIVE DRIVING IS...

A combination of deliberate actions and/or hostile behaviors by a motorist who endangers other drivers or property without regard for public safety.

AGGRESSIVE DRIVING INCLUDES

- Speeding
- Following too closely
- Improper or erratic lane changes
- Improper overtaking or passing
- Failing to yield the right of way
- Ignoring official traffic control devices
- An action directed at other drivers that displays anger, or intimidation, or one that threatens other drivers

THE PROBLEM

According to data provided by the Insurance Council for New Jersey and the AAA Clubs of New Jersey, more than half of NJ's drivers are angry when they're behind the wheel. Almost half, the data show, are likely to try to "punish" other drivers. In 2003 in NJ, this attitude, combined with the above-mentioned driving behaviors, resulted in more than 68,000 vehicles being involved in crashes, an 8% increase from 2001. These crashes resulted in approximately 200 fatalities and 34,000 injuries.

TAKE FIVE TO STAY ALIVE

- Allow extra time to avoid rushing and stress
- Buckle everyone's seatbelt before driving
- Be a friendly driver to others on the road
- Be aware that distractions are a leading cause of crashes
- Get to your destination safely

AGGRESSIVE DRIVERS

Who are they? Here's what we know about them:

These high-risk drivers climb into the anonymity of a motor vehicle and take out their frustrations on fellow motorists.

Frustration levels are high, while their concern for fellow motorists is low.

They run stop signs and red lights, speed, tailgate, weave in and out of traffic, pass on the right, make improper and erratic lane changes, make hand and facial gestures, scream, honk and flash their headlights.

They drive at speeds far in excess of the law and the norm, causing them to tailgate, change lanes frequently and abruptly without signalling, pass on the shoulder and leer at or verbally threaten law-abiding motorists.

When confronted by aggressive drivers:

First and foremost, make every attempt to get out of their way.

Put your pride in the back seat. Do not challenge them by speeding up or attempting to hold your own in your travel lane.

Wear your seat belt. It will hold you in your seat and behind the wheel in case you need to make an abrupt driving maneuver and will protect you in a crash.

Avoid eye contact.

Ignore gestures and do not make your own gestures.

Report aggressive drivers to the appropriate authorities with a vehicle description. license plate number and location.

If you have a cell phone, and can do it safely: Call the police using #77.

TAKE THE QUIZ! Are you an aggressive driver?

- YES NO
- Overtake other vehicles only on the left
- Avoid blocking passing lanes
- Yield to faster traffic by moving to the right
- Keep to the right as much as possible
- Maintain appropriate following distance
- Provide appropriate distance when cutting in after passing vehicles
- Use headlights in cloudy, rainy, low light conditions
- Yield to pedestrians
- Come to a complete stop at stop signs, etc.
- □ Stop for red traffic lights
- Approach intersections and pedestrians at slow speeds
- Follow right-of-way rules at four way stops
- Drive below the posted speed limit when conditions warrant
- Drive at slower speeds in construction zones
- Maintain speeds appropriate for conditions
- Use vehicle turn signals for turns and lane changes
- Make eye contact and signal intention where needed
- Acknowledge intention of others
- Use your horn sparingly
- Avoid unnecessary use of high beam headlights
- □ Yield and move to the right for emergency vehicles
- Refrain from flashing headlights
- Make slow. deliberate U-turns
- Maintain proper speeds around roadway crashes
- Avoid returning inappropriate gestures
- Avoid challenging other drivers
- Try to get out of the way of aggressive drivers
- **G** Focus on driving and avoid distracting activities
- Avoid driving when drowsy
- Avoid blocking the right-turn lane
- Avoid taking more than one parking space
- Avoid parking in a disabled space
- Avoid letting your door hit the car parked next to you
- Avoid using the car telephone while driving
- Avoid stopping in the road to talk
- Avoid inflicting loud music on neighboring cars

Score Yourself: Number of "No" Answers (1-3) EXCELLENT (4-7) GOOD (8-11) FAIR (12+) POOR

